

Lake County Services for Children and Families

QUICK REFERENCE GUIDE

IN CRISIS? EXPERIENCING ABUSE? EXPERIENCING VIOLENCE?

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|--|----------------|
| EMERGENCY..... | 911 |
| Child Abuse Prevention/Intervention..... | 707-262-1611 |
| Child Protective Services..... | 707-262-0235 |
| Domestic Violence Hotline.....24/7 | 1-800-485-7733 |
| Elderly Abuse..... | 707-262-0235 |
| Freedom House Domestic Violence Shelter..... | 707-262-1611 |
| Mental Health Service Access Line..... | 1-800-900-2075 |
| National Runaway Switchboard..... | 1-800-621-4000 |
| Poison Control..... | 1-800-876-4766 |
| Rape Crisis Center..... | 707-262-1611 |
| Sexual Assault Hotline.....24/7 | 1-888-485-7733 |
| Victim Witness..... | 707-262-4284 |
| Youth Crisis Line.....24/7 | 1-800-843-5200 |

FINANCIAL AIDE & OTHER FAMILY BENEFITS

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|------------------------------------|--------------|
| CA Tribal TANF..... | 707-274-3180 |
| Department of Social Services..... | 707-995-4200 |
| Family Support..... | 707-262-4300 |

ALCOHOL AND DRUG ABUSE HELP

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|--|---------------------------------|
| Alcohol & Drug Services..... | 707-263-8162 or 707-994-6494 |
| Alcoholics Anonymous Central Office..... | 1-800-248-6299 707-995-3316 |
| Drug Abuse Alternative Center (DAAC)... | 707-995-3235 |
| Hillside Health Center..... | 707-468-9111 |
| Narcotic Hotline..... | 1-800-248-6299 |

HELP FINDING MEDICAL CARE THAT ACCEPTS MEDI-CAL

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|--|-----------------------------------|
| Adventist Health Redbud Community Hospital..... | 707-994-6486 |
| AHRCH Middletown Family Health Center | 707-994-4506 |
| CHDP/California Children's Services..... | 707-263-1090 707-994-9433 |
| Hospice of Lake County..... | 707-263-6222 |
| Kelsey Creek Medical Clinic..... | 707-279-8813 |
| Kelseyville Family Practice (no new MediCal)..... | 707-279-1888 |
| Lake County Mental Health..... | 707-263-4338 707-994-7090 |
| Lake County Tribal Health Consortium..... | 707-263-8382 or 1-800-750-7181 |
| Lakeport Medical Group..... | 707-263-1555 |
| Lakeside Health Center..... | 707-263-7725 |
| Middletown Medical Clinic..... | 707-987-3311 |
| Redbud Family Health Center..... | 707-995-4500 |
| SLH Family Medical Clinic (Women, Children)..... | 707-262-5088 |
| Sutter Lakeside Hospital..... | 707-262-5000 |
| Sutter Lakeside Upper Lake Clinic..... | 707-275-9066 |

DENTISTS THAT ACCEPT MEDI- CAL AND DENTI-CAL

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| Douglas Reams, DDS (No children under 5; Need Medi-Cal card and photo ID)..... | 707-274-6605 |
| Dr. Simon Lee (no children under 8)..... | 707-994-6400 |
| Keith Long, DDS (Oral surgery/no children under 10)..... | 707-263-7023 |
| Lake County Tribal Health..... | 707-263-8382 |
| Lakeside Health Center..... | 707-263-0196 |
| Riviera Dental/Ruby Carlson, DDS..... | 707-277-9100 |
| RFHC Dental Clinic..... | 707-995-4540 |

CHILDCARE OR EARLY CHILDHOOD EDUCATION

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|--|---|
| Big Brothers/Big Sisters..... | 707-263-7281 |
| CA Indian Manpower Corporation..... | 707-262-1127 |
| Child Protective Services..... | 707-262-3270 |
| Early Head Start..... | 707-262-1611 |
| Easter Seals Health Line (toll free)..... | 1-877-263-3994 |
| Educational Services-Preschool/Child Development Programs/LCOE..... | 707-262-4128 707-262-3487 or 707-994-0669 |
| Healthy Start..... | 707-274-3130 |
| Inter-Tribal Council of CA..... | 707-994-1760 |
| Kid Center..... | 707-994-4137 |
| LC Child Development Programs..... | 707-279-4152 |
| Migrant Education..... | 707-279-1022 |
| Migrant Head Start..... | 1-800-326-3122 |
| NCO Head Start..... | 707-994-4647 or 1-800-326-3122 |
| NCO/RCC (childcare referrals)..... | 707-994-7068 |
| School Readiness/SS Family Center..... | 707-262-4131 |
| SELPA-Special Education..... | 707-262-1611 |
| Teen Parenting Programs..... | |

LOCAL PARENT EDUCATION AND JOB RESOURCE

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|---|---------------------------------|
| Adult and Family Literacy Training..... | 707-263-7633 |
| CA Tribal TANF Program..... | 707-274-3180 |
| California Human Development Corp.... | 707-262-0440 |
| Family Support..... | 707-262-4300 |
| Lake County Career Center..... | 707-263-0630 707-995-7100 |
| Lake Resources Center (Education and Job Training Services)..... | 707-262-3400 or 707-995-7100 |
| Mendocino Community College..... | 707-263-4944 |
| Parenting & Anger Management Classes. | 707-262-1611 |
| Sutter Lakeside Wellness Center..... | 707-262-5091 |
| Yuba Community College..... | 707-995-7900 |

FOSTER CARE INFORMATION

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|-------------------------------------|-----------------------------------|
| Environmental Alternatives..... | 707-263-5501 |
| Families United..... | 707-263-4174 |
| Foster Parents Association..... | 707-279-4503 |
| Redwood Children Services, Inc..... | 707-263-0372 or 1-800-219-5800 |



Visit the Health Leadership Network website at <http://www.lakehln.org>

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CHILDREN WITH SPECIAL NEEDS AND DISABILITIES

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|---|-----------------------------------|
| American Cancer Society..... | 1-888-239-5911 |
| Braille & Talking Book Library..... | 1-800-952-5666 |
| Cal Children's Services..... | 707-263-1090 or 707-994-9433 |
| Clearlake Assoc. Developmental Services.... | 707-994-7068 |
| Easter Seals Northern California..... | 707-263-3949 |
| In Home Support Services..... | 707-262-0235 |
| People Services..... | 707-263-3810 |
| Redwood Caregiver Resource Center..... | 1-800-834-1636 |
| Redwood Coast Regional Center..... | 1-888-909-0470 or 707-262-0470 |
| Safe Passage Family Resource Center..... | 707-994-7068 |
| Social Security SSI..... | 1-800-772-1213 |
| Special Education Local Plan Area (SELPA)..... | 707-262-4131 |

LOCAL READING PROGRAMS

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|-----------------------------|--------------|
| Adult Literacy Project..... | 707-263-7633 |
| Clearlake Library..... | 707-994-5115 |
| Lakeport Library..... | 707-263-8817 |
| Middletown Library..... | 707-987-3674 |
| Upper lake Library..... | 707-275-2049 |

LOCAL FOOD ASSISTANCE PROGRAMS

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|------------------------------------|----------------|
| Clearlake Gleaners Food Bank..... | 707-263-8082 |
| Community Food Cupboard..... | 707-263-3730 |
| Free Kitchen Project..... | 707-263-MEAL |
| WIC (Women, Infant, Children)..... | 1-877-942-2220 |

ACCESS TO INSURANCE

| | |
|--|---------------------------------|
| Covering Kids..... | 707-262-1611 |
| Healthy Start/Healthy Families..... | 707-262-4146 or 707-994-0669 |
| Public Health/Gateway Program..... | 707-994-9433 |
| Sutter Lakeside Community Services/ Healthy Families..... | 707-262-1611 |

BEHAVIORAL/MENTAL HEALTH

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|---|------------------------------|
| County Mental Health..... | 707-263-4338 707-994-7090 |
| Lakeside Health Center..... | 707-263-0180 |
| Redbud Family Center..... | 707-995-4500 |
| Safe Schools Healthy Students..... | 707-279-4607 |
| Sutter Lakeside Community Services..... | 707-262-1611 |

HELP IF YOU THINK OR KNOW YOU ARE PREGNANT

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|---|--------------------------------|
| AIM/Healthy Families..... | 1-800-433-2611 |
| ASPIRE (pregnant teens/teen parents)... | 707-263-5819 |
| Care for Her (Ukiah)..... | 707-468-1010 |
| Early Head Start..... | 707-262-1611 |
| Free Pregnancy Testing..... | 1-888-523-5353 |
| Lakeview Women's Specialty..... | 707-263-8733 707-994-4133 |
| Mendocino Medical Group..... | 707-463-8110 |
| Prenatal/Well Baby Care..... | 707-263-1090 1-800-794-9291 |
| Redbud Family Health Center..... | 707-995-4500 |
| SLCS Teen Parenting Services..... | 707-262-1611 |
| SLH Women's Clinic..... | 707-262-5088 |
| Ukiah Perinatal Program..... | 707-472-4603 |
| WIC (Women, Infant, Children)..... | 1-877-942-2220 |

ASSISTANCE WITH HOUSING

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|---|-----------------------------------|
| California Human Development Corp... | 707-262-0440 |
| Lake County Community Action Agency | 707-995-0495 1-888-388-2920 |
| Lake County Housing..... | 707-995-7120 |
| Lakeport Skilled Nursing Center..... | 707-262-6101 |
| Redwood Children's Services Inc..... | 707-263-0372 or 1-800-219-5800 |
| Student Support Services/Healthy Start (LCOE)..... | 707-262-4146 |

TRANSPORTATION SERVICES

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|--|------------------------------|
| Easter Seals of Northern California..... | 707-263-3949 |
| Lake County Transit..... | 707-263-3334 707-994-3334 |
| Lake County Transportation Coalition... | SLiCS.org |

*HELP WITH GENERAL HEALTH SERVICES

| | |
|--|-----------------------------------|
| *CA Human Development Corp..... | 707-262-0440 |
| *Community Action Agency..... | 707-995-0495 or 1-888-388-2920 |
| *Healthy Start..... | 707-262-4146 or 707-994-0669 |
| *Migrant Education..... | 707-279-4152 |
| *Public Health..... | 707-263-1090 |
| *Sutter Lakeside Community Services... | 707-262-1611 |
| *WIC..... | 1-877-942-2220 |

*These agencies have bi-lingual staff available. However, Spanish speaking families will benefit by bringing their own translator when seeking most services.

**Las agencias marcadas con asterisco cuentan con personal bilingue (que hablan espanol). Sin embargo, es recomendable traer a un interprete que hable ingles cuando busque un servicio.*

This document was developed by collaborative efforts launched by the Health Leadership Network. It is a quick reference regarding services for young children and their families. It is not a comprehensive listing of resources, and does not seek to promote/endorse any of the above-mentioned organizations or services.